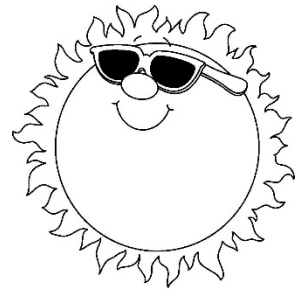


North Bay Skate Club  
**Summer Skating**  
**2019**



Pete Palangio Arena (603 Wallace Road, North Bay)

Week 1	Week 2	Week 3	Week 4
July 2-5	July 8-12	July 15-19	July 22-26
\$200	\$250	\$250	\$250



Star 1-3	7:45-8:15	Arrival & Warm Up
	8:15-9:15	Star 1-3 Ice Time
	9:15-9:25	Flood / Break
	9:25-10:25	Star 1-3 Ice Time
	10:25-10:45	Change & Prep for Off-Ice
	10:45-11:30	Off-Ice Training

Star 4+	9:15-10:00	Off-Ice Training
	10:00-10:25	Change & Prep for Ice Time
	10:25-11:25	Star 4+ Ice Time
	11:25-11:35	Flood / Break
	11:35-12:35	Star 4+ Ice Time

- Each day includes one 15 min group lesson (MIM/Stroking)
- Each week includes one 15 min group Dance lesson
- Off-Ice will take place in Pete Palangio Board Room
- High Testing will take place during regular session on July 26<sup>th</sup> as required
- Guest skate fee is \$50 per day with a max of 3 days
- Program subject to change according to 31 May registration numbers
- Registrations received after 31 May will be accepted if space is available

\*\*\* PLEASE REGISTER BY MAY 31<sup>st</sup>, 2019 \*\*\*

[nbpsc.uplifterinc.com](http://nbpsc.uplifterinc.com)

[nbpscRegistrar17@gmail.com](mailto:nbpscRegistrar17@gmail.com)